

HEALTHY HIPS DAY – HOST CHECKLIST

BEFORE

○ **Shout It Out:** Let your friends/families/students/colleagues/customers know that Healthy Hips Day is happening soon. You can use the posters, invitations and social media badges from the starter pack to help you get the message out there.

ON THE DAY

○ **Decorate:** If you've bought special decorations, or are using the posters, bunting and jar labels from our starter pack, go crazy and make the place look great! Don't forget to put the donation jar somewhere prominent where people will see it.

○ **Guests:** As people arrive welcome them, thank them for dressing up and collect an entry fee/gold coin donation (amount should be in the invite so they can come along with cash). If people don't have cash or want to donate a bigger amount have www.healthyhipsaustralia.org.au/donate open on your laptop or tablet to capture their donation there and then via paypal or direct transfer.

○ **Motivate:** Remind guests why they're here and how every dollar makes a difference to families affected by hip dysplasia. Share your hip dysplasia story or use the stories from our website.

○ **Fun:** Get your colleagues, family and/or friends engaged in any auctions, raffles, games or other activities you've been planning.

○ **Share:** Don't forget to get some great photos of yourself and your guests in green, and share them with us on Facebook or Instagram [#HealthyHipsDay](#) [#healthyhips](#) [#hipdysplasia](#)

AFTER

○ **Say Thanks:** Thank everyone for coming and let them know how much you have raised. Once you've tallied your donations you can print the thank you poster from our starter pack, add the total and display it so that everyone can see what you achieved together.

○ **Don't forget to bank the donations:** Use the banking details in the event guideline to send your fundraising money to Healthy Hips Australia so that we can start using it on all the great initiatives we've got planned for this coming year!



Healthy Hips Day

Help hip dysplasia to be seen by
wearing green!

